

Breakfast

7am TIL 10:30am

Egg Plates *Eggs any way, your way!

(1) egg - \$4.75 (2) eggs - \$5.75 (3) eggs - \$6.75

Served with your choice of:

(1) Meat: Bacon, Ham, Sausage patty, smoked Sausage, bologna, turkey sausage

(1) Side: Grits, fresh fruit, shredded potatoes

+ pick one: Toast or a buttermilk biscuit

Chefs Special

Shredded potatoes, bell peppers, red onions, tomatoes, smoked sausage and a sunny side up egg - \$5.99

Three Egg Omelets

Magic city : Jack cheese, ham, bacon, tomatoes and onions - \$6.49

Sausage or bacon : cheddar cheese, sausage or bacon and onions - \$6.49

Ham and cheese : ham and cheddar cheese - \$6.49

Southwestern : cheddar and jack cheese, salsa, bacon & sausage - \$6.49

Veggie : black olives, bell peppers, onions, tomatoes and cheese - \$6.49

Served with your choice of toast or buttermilk biscuit.

Breakfast Sandwiches and Biscuits

Bacon, Egg & Cheese - \$3.69

Sausage, Egg & Cheese - \$3.69

Ham, Egg & Cheese - \$3.69

Egg and Cheese - \$2.99

BLT - Crispy bacon, lettuce, tomato and mayo - \$3.99

Grilled Cheese - \$2.49

Chicken biscuit - \$2.69

Sausage biscuit - \$1.99

Ham biscuit - \$1.99

Turkey Sausage Biscuit - \$1.99

Bacon Biscuit - \$1.99

Smoked sausage biscuit - \$2.19

Sides

Egg - \$1.25

Bacon - \$1.99

Sausage - \$1.25

Smoked sausage - \$1.89

Turkey sausage - \$1.69

Grits - \$1.49

Hashbrowns - \$2.49

Cheese - \$.35

Fresh fruit - \$1.99

32oz milk - \$3.49

16oz orange juice - \$1.89

+++++ Don't forget about our meat and veggies menu cooked fresh daily ++++++

Our Story

Sol Bajalieh arrived in the United States in 1965. His love of 2 things: people and food inspired him to open Sol's Sandwich Shop & Deli in 1968 in downtown Birmingham

at the original John Hand building. Sol provided the downtown scene with delicious meals until the building was condemned in 1995. Fast forward 13 years later, and Sol's three sons: Jeff, Chris, and Jason have revived a great Birmingham tradition to honor their late Father.

Thanks Dad,

Jeff, Chris, and Jason

We Cater!!

(enter on Morris Ave)
2 20th St. North Suite 120
Birmingham, Alabama 35203
Phone: 244-SOLS (7657)
FAX: 244-1110
www.solsdeli.com



Open Monday thru Friday 7am til 4pm
Eat in or Take Out

Call in or Fax orders for faster service

Proudly serving Birmingham
for over 20 years

SOL'S

Sandwich Shop & Deli



www.solsdeli.com

Peace, Love and Sol's

Lunch

Fresh Salads

- Caesar Salad
- Mixed greens, red onions, homemade croutons and fresh grated parmesan - \$6.49
- House Salad
- Cheddar and Jack cheese, cucumber, egg, tomato and homemade crutons - \$6.49
- Greek Salad
- Feta, tomato, red onions, pepperonichinis, black olives, artichoke hearts - \$7.99
- Homemade Chicken, Tuna or Egg Salad Plate
- Served on a bed of lettuce with tomatoes, cucumber, olives, pickles and pita bread - \$7.99
- Chef Salad
- Ham, turkey, cheddar and jack cheese, egg, tomato, cucumber and bacon - \$8.99

Trio Salad Plate

Pick your favorite three: Chicken, Egg, Tuna, Pasta, Tabouli, Hummus, Fresh Fruit, Cole Slaw, or Pimento Cheese: served on a bed of lettuce with tomato, cucumber, olives, pepperonichinis and fresh pita bread - \$8.99

Taco Salad

Chicken or beef, cheddar and jack cheese, tomato, lettuce, salsa and sour cream - \$7.99

- * Add Grilled, Blackened, or Fried Chicken to any salad for \$2.50.
- * Add Grilled, Blackened, or Fried Tilapia to any salad for \$3.49.

Salad Dressings

- Balsamic Vinaigrette
- Ranch
- Blue Cheese
- Honey Mustard
- Italian
- Thousand Island
- Creamy Caesar

Soups

- Soups of the day
- Small - \$3.99 or Large - \$5.49
- Small - \$3.99 or Large - \$5.49

- +Get a small soup & Grilled Cheese for \$9.99
- +Get a large soup & Grilled Cheese for 7.49

** We Cater **

All of Sol's burgers, hoagies, sandwiches and wraps are cooked to order using only FRESH ingredients and are served with a pickle spear and your choice of regular potato chips, pasta salad, cole slaw, tabouli or seasonal fruit salad.

Kaise Ground Burgers

We grind fresh meat daily.
Please allow 10 minutes.

- Super Sol - 1/2 pound burger, cheese, lettuce, tomato, onion, pickle, ketchup, mayo and mustard - \$7.99
- Big Sol - 1/4 pound burger, cheese, lettuce, tomato, onion, pickle, ketchup, mayo and mustard - \$6.99
- Patty Melt - Sauteed onions, melted cheddar and jack cheeses on texas toast - \$6.99
- Camel Rider - ground beef, sauteed onions, cheddar and jack cheese, mayo, lettuce, tomato, stuffed in a pita pocket - \$6.99
- Add Bacon - \$1.25

- Chili Dog - \$2.95
- Sol Dog - \$2.50
- Slow Dog - \$2.75

Kat sandwiches, hoagies and wraps

Philly Cheese Steak - Sliced steak, grilled onion and peppers, and cheese on a hoagie - \$6.99

Reuben - Corned beef, swiss cheese, kraut on rye bread - \$6.99

Cuban - Roasted pork, honey ham, swiss cheese, pickles and spicy mustard - \$7.99

Mexicali - Sliced beef, pepperjack cheese and homemade salsa on hoagie - \$6.99

Grilled Chicken Caesar wrap - Grilled chicken, parmesian cheese, lettuce, red onions and Caesar dressing - \$6.99

Fish "Po Boy" - Grilled, Blackened, or Fried Tilapia with lettuce, tomato and tartar - \$8.99

Shrimp "Po Boy" - Tomato, lettuce, mayo with side of bangbaung sauce - \$8.99

Fried / Grilled / Blackened Chicken sandwich

Tomato, lettuce, mayo - \$6.99

Grilled Ham and Cheese - \$6.99

Grilled Turkey and Cheese - \$6.99

Grilled Cheese on Texas Toast - \$3.99

Add Tomato \$1.25 Add Bacon \$1.25

Cold cut sandwiches or wraps

Nadia's Homemade Chicken Salad - Lettuce, tomato and mayo - \$6.99

Tuna Salad - Lettuce, tomato and mayo - \$6.99

Egg Salad - Lettuce, tomato and mayo - \$5.99

Triple Decker Club - Turkey, ham, bacon, cheese, lettuce, tomato and mayo - \$7.99

Smoke Turkey - Lettuce, tomato and mayo - \$6.99

Smoked Ham - Lettuce, tomato and mayo - \$6.99

BLT - Bacon, lettuce, tomato and mayo - \$6.49

Muffaletta - Ham, salami, provolone cheese and homemade olive spread: Whole - \$16.99, 1/2 - \$10.99, 1/4 - \$7.99

Roast Beef - Lettuce, tomato and mayo - \$6.99

Turkey & Tabouli Pocket - Hummus, tabouli, sliced turkey, swiss cheese, tomato and lettuce in a pita pocket - \$8.99

Veggie Wrap - Hummus, lettuce, cucumber, bell peppers, red onions, tomato and cheese - \$6.25

+ Choice of breads: White, wheat, rye, texas toast hoagie, pita, croissant, sourdough

+ Choice of cheese: American, cheddar, provolone, pepper jack or swiss

Side Dishes

French Fries - \$1.99 Side of Pasta Salad - \$1.99

Onion Rings - \$2.49 Side of Pita - \$1.49

Chips - \$1.19 Veggies of the day - \$1.99

Nadia's homemade Chili Cheese Fries - \$3.99

hummus - \$3.99 Side Salad - \$2.99

Tabouli - \$1.99 Pita Chips - \$3.99

Large Veggies of the Day - \$3.99

Plates

Fresh Meats & Veggies:

Meat and 2 - \$8.49

Meat and 3 - \$9.99

3 Veggies - \$6.99

4 Veggies - \$8.49

Meat Only - \$5.99

Chicken Fingers & Fries - Plain, BBO, Hot - \$7.99

Wings:

10 piece - \$7.99

25 piece - \$15.99

50 piece - \$29.99

Desserts

Ask about our changing variety of local baker's homemade pasteries.

Cakes - Cookies

Cobbler - Pies

Banana Pudding - Baklava

Deli Items

All items available by the pound!!!

!!!!!!! We Cater !!!!!!!!

Let us cater you next home or office party. We offer a full line of breakfast, lunch and dinner catering options:

- Box lunches - Lasagna
- Sandwich trays - Chicken
- Salad trays - Casseroles
- Fruit trays - Chicken Finger Plates
- Desserts...And Much More

+++ Call for Details 205-244-7657

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